

# WAY OF LIFE NINE PRACTICES OF A GROWING DISCIPLE

## **Shared Practices**

## **My Individual Practices**

# 1 Scripture

Formed by God's Word as our foundation for life with Jesus

## 2 Prayer

Rooted in God's presence through ongoing conversation with Him

#### 3 Solitude

Quieting our souls to hear God's voice in a noisy world

## 4 Fasting

Hungering for God by setting aside what distracts and consumes

## 5 Sabbath

Resting in God's delight as resistance to hurry and striving.

## 6 Community

Living as family, carrying one another's burdens and joys.

## 7 Generosity

Giving freely and joyfully in response to God's abundant grace.

# 8 Multiplication

Making disciples who make disciples so the kingdom expands.

## 9 Witness

Bearing the good news of Jesus in word and action wherever we go.